

# Nashville Tennessee

## Menu Labeling in Covered Food Service Establishments

By **March 31, 2010** all qualifying chain restaurants located in Nashville Tennessee/Davidson County will be required to post nutrition information as specified by the following document.

### Who is Affected?

All restaurants with one or more locations, in Davidson County that operate 15 or more food service establishments in the US that serve substantially the same menu/recipes, and that operate: under a common ownership/control, as franchised outlets of a parent company, or do business under the same name.

**Does not include:** Religious institutions, educational institutions, health care institutions, correctional facilities, entertainment facilities, and lodging establishments.\*

### What is Required and Where?

Restaurants will be required to provide the required information as listed in the table below for all *menu items*, meaning any individual or combination of food or drink items listed on the menu. Menu items that appear on the menu for less than 90 days are exempt.

**Does not include:** Alcoholic beverages, special orders, condiments placed on a table for general use without charge, items sold in manufacturer's original sealed package.

\* This regulation still applies to food service establishments that lease space from an exempted venue, they are not exempt themselves.

Location	Required Nutrition Information
<p><b>Menus</b> — A printed list of foods and their prices available for sale by a restaurant.</p> <p><b>Menu Boards</b>— A display listing a restaurant's foods and their prices available for sale, posted at the point of ordering. Excludes materials with less than 10% of the menu.</p>	<p><b>Calories</b></p> <p>(In a font and typeface that is no less prominent than the price)</p> <p><b>The following statement must be displayed at least once:</b> <i>The USDA recommends that adults limit calorie intake to 2000 calories per day; however individual calories needs may vary.</i></p>
<p><b>Food Tags</b> —A written or printed description of food items placed in the vicinity. (Example: a tag next to a pastry in the bakery case)</p>	<p><b>Calories</b></p> <p>(In a font and typeface that is no less prominent than the price)</p>
<p><b>Self-Service Items</b> — Food items that customers can obtain without assistance. (Example: salad bar or buffet line)</p>	<p><b>Calories per standard portion</b></p> <p>Information may be provided in a brochure that is readily available at the point of serving. In this case a the statement <b>Nutrition Information Available</b> must be posted at the buffet.</p>

**Disclaimers:** Restaurants may include a disclaimer stating that there may be variations in calorie content values across actual servings based on slight variations in serving size, quantity of ingredients, or special ordering.

## **Flavors, Varieties, and Combinations**

Menu items listed as one menu item that vary in flavors, or combination choices may list a range of calories for all possible options.

## **Multiple Servings**

Menu items intended to serve more than one person may list the calorie content per individual serving, but must also list the number of servings provided in the one menu item.

## **Nutrition Analysis**

Calculation of calorie content must be based on a reasonable basis. Reasonable bases include, but are not limited to, nutrition databases and laboratory analyses, cookbooks, and other reliable and verifiable methods.